

# Portsmouth Aikido Kids' Testing Requirements

Level	Test Requirements
	<b>Students must know <u>all</u> techniques from previous tests for each level</b>
10 <sup>th</sup> Kyu (10 days)	<b>Basics:</b> Seiza, bowing & tying belt <b>Ukemi:</b> Backfall <b>Tai Sabaki:</b> <ul style="list-style-type: none"> <li>■ Irimi &amp; Tenkan</li> <li>■ Katatedori</li> </ul> <b>Technique:</b> <ul style="list-style-type: none"> <li>■ Tai no henko</li> <li>■ Kokyuho</li> </ul>
9 <sup>th</sup> Kyu (15 days since 10 <sup>th</sup> kyu)	<b>Basics:</b> Shikko <b>Ukemi:</b> Backroll <b>Tai Sabaki:</b> <ul style="list-style-type: none"> <li>■ Tenshin</li> <li>■ Aidori</li> </ul> <b>Techniques:</b> <ul style="list-style-type: none"> <li>■ Ikkyo (omote)</li> <li>■ Sumiotoshi</li> </ul>
8 <sup>th</sup> Kyu (20 days since 9 <sup>th</sup> kyu)	<b>Basics:</b> Shikko (backward) <b>Ukemi:</b> Forward roll <b>Tai Sabaki:</b> <ul style="list-style-type: none"> <li>■ Step-tenkan</li> <li>■ Ikkyo Undo</li> </ul> <b>Technique:</b> <ul style="list-style-type: none"> <li>■ Ikkyo (ura)</li> <li>■ Shihonage</li> </ul>
7 <sup>th</sup> Kyu (25 days since 8 <sup>th</sup> kyu)	<b>Basics:</b> Shikko (turning) <b>Ukemi:</b> Rollout <b>Tai Sabaki:</b> <ul style="list-style-type: none"> <li>■ Funakogi undo</li> <li>■ Ryotedori</li> </ul> <b>Techniques:</b> <ul style="list-style-type: none"> <li>■ Kokyunage</li> <li>■ Tenchinage</li> </ul>
6 <sup>th</sup> Kyu (30 days since 7 <sup>th</sup> kyu)	<b>Ukemi:</b> High fall on futon <b>Tai Sabaki:</b> <ul style="list-style-type: none"> <li>■ Shomenuchi</li> <li>■ Shomenuchi with bokken</li> </ul> <b>Techniques:</b> <ul style="list-style-type: none"> <li>■ Udekimenage</li> <li>■ Kaitennage</li> </ul>

5 <sup>th</sup> Kyu (35 days since 6 <sup>th</sup> kyu)	<b>Ukemi:</b> High fall <b>Tai Sabaki:</b> <ul style="list-style-type: none"> <li>■ Shiho undo</li> <li>■ Tsuki</li> </ul> <b>Techniques:</b> <ul style="list-style-type: none"> <li>■ Kotegaeshi</li> <li>■ Iriminage</li> <li>■ Variations from grabs</li> </ul>
4 <sup>th</sup> Kyu (40 days since 5 <sup>th</sup> kyu)	<b>Tai Sabaki:</b> <ul style="list-style-type: none"> <li>■ Happo undo</li> <li>■ Happo giri with bokken</li> <li>■ Yokomenuchi</li> </ul> <b>Techniques:</b> <ul style="list-style-type: none"> <li>■ Nikyo</li> <li>■ Variations from strikes</li> </ul>
3 <sup>rd</sup> Kyu (50 days since 4 <sup>th</sup> kyu)	<b>Ukemi:</b> Ukemi for jiyuwaza <b>Tai Sabaki:</b> <ul style="list-style-type: none"> <li>■ Yokomenuchi with bokken</li> <li>■ Katatori</li> </ul> <b>Techniques:</b> <ul style="list-style-type: none"> <li>■ Sankyo</li> <li>■ Variations from swariwaza</li> <li>■ Jiyuwaza</li> </ul>
2 <sup>nd</sup> Kyu (60 days since 3 <sup>rd</sup> kyu)	<b>Ukemi:</b> Ukemi for randori <b>Tai Sabaki:</b> <ul style="list-style-type: none"> <li>■ Attacks with tanto – tsuki, shomen &amp; yokomen</li> <li>■ Ryokatatori</li> <li>■ Ushiro attacks</li> </ul> <b>Techniques:</b> <ul style="list-style-type: none"> <li>■ Variations from hanmihandachi</li> <li>■ 2-person randori</li> </ul>
1 <sup>st</sup> Kyu (70 days since 2 <sup>nd</sup> kyu)	<b>Ukemi:</b> Highfall from koshinage <b>Tai Sabaki:</b> <ul style="list-style-type: none"> <li>■ Ushiro kubishime</li> </ul> <b>Techniques:</b> <ul style="list-style-type: none"> <li>■ Tantotori</li> <li>■ Koshinage</li> <li>■ 3-person randori</li> </ul>